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| **SUBJECT:** | **Career & University Guidance (CUG)** | **YEAR GROUP:** | **8** |

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| **Term** | **Topic** | **Content Outline** | **Learning Outcomes** |
| Term 1 | Knowing Myself  Strengths Exploration | * Introduction to CUG * Identifying your interests, strengths & Skills   i) To help them to explore suitable pathways to follow for their education during school, and plan for when they leave.  ii) Enables students to reflect on who they are - their "personal brand".  iii) Student can plan to work on areas that you are interested in, but may not be linked to strengths or skills you currently possess.  You become better at "selling yourself" - whether it be on your CV/resume , to university admissions representatives, or in a job interview. | Students become familiar with CUG, its delivery, expectations and rules.  Develop an understanding of your individual interests, strengths, and skills. |
| Term 2 | Knowing Myself  Strengths Exploration | * Learning Styles (assessment and reflection)   i) To understand what environment you learn and work best in, as well as your productivity preferences and how you work with others.  ii) To learn what your challenges are in  these areas and how to overcome  them. | To understand what environment you learn and work best in, as well as your productivity preferences and how you work with others.  To learn what your challenges are in these areas and how to overcome them. |
| Term 3 | Knowing Myself  Strengths Exploration | * Personality Types (assessment and reflection)   i) To gain a better understanding of how your personality type impacts your learning  ii) To identify your unique strengths and  talents   * Multiple Intelligences   i) Discovering the 8 different types and your comparative strengths and weaknesses from each one.  ii) How to further develop on these intelligences to your furthest potential. | To understand more about your personality type, and how this links to potential careers. To reflect on their challenges and how you can overcome them  To understand more about your strengths, and how these can be harnessed to improve learning. |